



Loving God,

When faced with anger or the urge to harm,
grant me the strength to remain calm and respectful.
Help me champion equality and healthy relationships,
and stand against all forms of violence towards women.
Guide my actions to promote safety and understanding,
so I may be an example of peace in my community.
Let my voice join others in ending domestic violence,
as we build a world of mutual respect and harmony.

Amen.

White Ribbon resources on the PCANZ website
www.presbyterian.org.nz/speaking-out/pcanz-white-ribbon

Help & support for those facing family violence
www.presbyterian.org.nz/speaking-out/what-we-believe/family-violence



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